

Torneio Zonal de Infantis (zona norte)
Cantanhede, 6. - 8.3.2009

1 - 1ª Jornada

6.3.09 - 16:00

Prova 1	Femin., 400m Estilos				Infantis
6.3.09 - 16:00					Lista inscritos
Recorde Nacional Infantis A	5:05.82	Diana Ramos ROCHA	EDV	Ponte da Barca	6.7.07
Recorde Nacional Infantis B	5:15.68	Susana Patricia MIGUEL	SFUAP	Rio Maior	6.7.02
TAC Inf A Fem Inf A: 6:03.50 / TAC Inf B Fem Inf B: 6:23.00					

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Diana Margarida DURAES	96	Inf. A	FOCA	5:16.33
2	Sofia Cunha SOUSA	96	Inf. A	FOCA	5:25.97
3	Maria Joao SANTOS	96	Inf. A	EDV	5:32.36
4	Ines Ribeiro SEQUEIRA	96	Inf. A	EDV	5:33.82
5	Ana Isabel CUNHA	96	Inf. A	FOCA	5:36.13
6	Beatriz Casimiro VALENTE	96	Inf. A	CFP	5:37.35
7	Florbela Cavaco MACHADO	96	Inf. A	ASSSCC	5:39.27
8	Ana Carolina LEAL	96	Inf. A	CNAC	5:40.79
9	Andreia Margarida ARAUJO	96	Inf. A	VNC	5:44.33
10	Flavia Sofia LIMA	96	Inf. A	EDV	5:46.79
11	Sara Monteiro MEIRELES	97	Inf. B	GESP	5:47.61
12	Claudia Susana TEIXEIRA	96	Inf. A	GESP	5:48.38
13	Daniela Figueiredo METELO	97	Inf. B	CNAC	5:49.76
14	Debora Guimaraes OLIVEIRA	96	Inf. A	SCB	5:51.18
15	Maria Joao ESTEVES	96	Inf. A	CFP	5:55.27
16	Maria Teresa AMORIM	97	Inf. B	FCP/IB	5:55.67
17	Rita Rafaela BRUNIDO	97	Inf. B	GESP	5:56.50
18	Paula Alexandra OLIVEIRA	96	Inf. A	FCP/IB	5:57.65
19	Teresa Manuela AIRES	96	Inf. A	SCE	5:58.05
20	Maria Beatriz RASCAO	96	Inf. A	CNAC	5:58.43
21	Joana Milhazes PINTO	96	Inf. A	SCB	5:58.76
22	Renata Castro GONCALVES	96	Inf. A	SCA	6:01.64
23	Ana Sofia RAMOS	97	Inf. B	ADF	6:03.85
24	Ana Carlota CONCEICAO	97	Inf. B	CNAC	6:08.55
25	Marta Alexandra NASCIMENTO	97	Inf. B	EDV	6:11.18
26	Joana Sofia AMORIM	97	Inf. B	CFP	6:11.94
27	Maria Beatriz RIBEIRO	97	Inf. B	CNMAIA	6:12.95
28	Matilde Domingues GAMEIRO	97	Inf. B	CNAC	6:14.66
29	Ana Catarina LIBERAL	97	Inf. B	CNAC	6:14.96
30	Diana Sofia SILVA	97	Inf. B	SCB	6:16.53

Prova 2	Masc., 400m Estilos				Infantis
6.3.09					Lista inscritos
Recorde Nacional Infantis A	4:40.32	Tomas Miguel FREITAS	CDN	Funchal	9.7.04
Recorde Nacional Infantis B	4:53.36	Tomas Miguel FREITAS	POL	Funchal	11.7.03
TAC Inf A Masc Inf A: 5:35.00 / TAC Inf B Masc Inf B: 5:50.00					

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Luis Manuel FERNANDES	95	Inf. A	GDNVNF	5:03.85
2	Tomas Correia SILVA	95	Inf. A	CFP	5:08.47
3	Manuel Henrique ALVES	95	Inf. A	EDV	5:10.37
4	Jose Luis GABRIEL	96	Inf. B	AVFC	5:12.45
5	Joao Andre NEVES	95	Inf. A	AAC	5:17.43
6	Tomas Miguel VELOSO	96	Inf. B	CNAC	5:20.90
7	Cesar Filipe MAGALHAES	95	Inf. A	FOCA	5:23.36
8	Tiago Sobral COELHO	95	Inf. A	GCST	5:23.99
9	Paulo Andre SILVA	95	Inf. A	CNMAIA	5:25.12

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Prova 2, Masc., 400m Estilos

10	Frederico Renato SOUSA	95	Inf. A	GESP	5:25.99
11	Antonio Miguel VITORINO	96	Inf. B	VNC	5:29.34
12	Tiago Manuel TEIXEIRA	96	Inf. B	ADF	5:30.89
13	Guilherme Lemos LIMA	96	Inf. B	EDL	5:30.91
14	Andre Machado VALE	95	Inf. A	VNC	5:34.17
15	Bruno Miguel SILVA	96	Inf. B	FCP/IB	5:36.63
16	Joao Luis PEREIRA	96	Inf. B	EDL	5:42.22
17	Andre Filipe ROCHA	96	Inf. B	LSC	5:43.89
18	Paulo Andre SILVA	96	Inf. B	CFV	5:43.95
19	Joao Pedro SANTOS	96	Inf. B	FCP/IB	5:46.78
20	Gil Silva SANTOS	96	Inf. B	GESP	5:47.11
21	Nuno Duarte BARBOSA	96	Inf. B	LSC	5:47.95
22	Miguel Angelo CRUZ	96	Inf. B	GESP	5:48.47
23	Pedro Miguel REIS	96	Inf. B	SCE	5:48.49

Prova 3
6.3.09

Femin., 100m Costas

Infantis
Lista inscritos

Recorde Nacional Infantis A	1:06.53	Keissy Joselin SOUSA	FCP	Algés	13.3.98
Recorde Nacional Infantis B	1:10.24	tempo limite			

TAC Inf A Fem Inf A: 1:20.00 / TAC Inf B Fem Inf B: 1:24.00

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Ana Margarida RODRIGUES	96	Inf. A	CGA	1:11.82
2	Maria Julia CUNHA	96	Inf. A	SCB	1:13.38
3	Joana Carina SILVA	97	Inf. B	LSXXI	1:13.93
4	Ines Costa NETO	96	Inf. A	AVFC	1:14.02
5	Flavia Daniela GONCALVES	96	Inf. A	EDV	1:14.08
6	Maria Ines ALMEIDA	96	Inf. A	CNAC	1:15.74
7	Ana Catarina SOUSA	96	Inf. A	VSC	1:15.81
8	Patricia Isabel GRANJO	96	Inf. A	GDNVNF	1:16.43
9	Daniela Valente FERREIRA	96	Inf. A	AEJ	1:16.51
10	Carla Sofia CRUZ	96	Inf. A	SCE	1:16.52
11	Beatriz Magalhaes NOVAIS	96	Inf. A	CNIN	1:16.58
12	Ana Filipa GOMES	96	Inf. A	CFV	1:17.10
13	Joana Varandas BORGES	96	Inf. A	CNIN	1:17.16
14	Ana Catarina REMELGADO	96	Inf. A	LSC	1:17.46
15	Leonor Rebelo PEREIRA	96	Inf. A	EMDB	1:17.65
16	Maria Amelia GASPAS	96	Inf. A	CNAC	1:17.70
17	Ana Rita ARTUR	96	Inf. A	AAC	1:18.35
18	Alexandra Vilas FABIAO	96	Inf. A	SCB	1:18.51
19	Maria Joao AMARAL	96	Inf. A	VNC	1:19.11
20	Carlota Moura CARVALHOS	96	Inf. A	CNAC	1:19.45
21	Neuza Carina ROCHA	96	Inf. A	LSXXI	1:19.61
22	Maria Joao PAIXAO	96	Inf. A	GCF	1:19.75
23	Rita Pinto MONTEIRO	96	Inf. A	EDV	1:19.80
24	Ana Cristina NEVES	96	Inf. A	FCP/IB	1:19.93
25	Neuza Casanova SANTOS	96	Inf. A	CFV	1:19.94
26	Catarina Silva ALVES	96	Inf. A	LSC	1:20.00
27	Ana Luisa CARVALHO	96	Inf. A	CDL	1:20.08
28	Claudia Cristina LEO	96	Inf. A	GESP	1:20.09
29	Ana Catarina PEREIRA	97	Inf. B	FCP/IB	1:20.18
30	Ana Beatriz SILVA	96	Inf. A	CAPGE	1:20.20
31	Iolanda Ribeiro PINHEIRO	97	Inf. B	GESP	1:20.40
32	Rita Alexandre OLIVEIRA	96	Inf. A	CNMAIA	1:20.41
33	Juliana Lima FREIXO	97	Inf. B	EDV	1:20.77
34	Ana Catarina SILVA	96	Inf. A	FCP/IB	1:21.51

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35	Ana Paula ARAUJO	96	Inf. A	GCST	1:21.68
36	Ines Oliveira VALE	96	Inf. A	CNV	1:21.86
37	Beatriz Neves CRAVEIRO	97	Inf. B	CNAC	1:21.92
38	Vera Patricia FERNANDES	96	Inf. A	SCB	1:22.53
39	Violante Pascoal FONTOURA	97	Inf. B	VNC	1:22.83
40	Rute dos Santos FERREIRA	97	Inf. B	FCP/IB	1:23.07
41	Debora Solange MATIAS	97	Inf. B	CNMC	1:23.13
42	Patricia Filipa BARREIRA	97	Inf. B	NCC	1:23.45
43	Sofia Lopes AZEVEDO	97	Inf. B	SCE	1:23.57
44	Mariana Lourenco PRETO	97	Inf. B	LSC	1:23.79
45	Beatriz Ana VALENTE	97	Inf. B	CFP	1:23.83
46	Adriana Daniela CASTRO	97	Inf. B	CNMAIA	1:23.83
47	Cintia Mariana FERNANDES	97	Inf. B	AAC	1:23.87
48	Beatriz Filipa MATOS	97	Inf. B	FBSC	1:24.00
49	Ines Silva MENDES	97	Inf. B	CNAC	1:24.00
50	Margarida Teixeira MONTEIRO	97	Inf. B	EDL	1:24.51
51	Ana Catarina SIMOES	97	Inf. B	CFV	1:24.75
52	Cristina Goncalves LIMA	97	Inf. B	EDV	1:25.40
53	Ana Micaela CARVALHO	97	Inf. B	GDNVNF	1:25.96
54	Beatriz Carvalho RIBEIRO	97	Inf. B	EMDB	1:26.17
55	Ana Rosa ARTEIRO	97	Inf. B	CFV	1:26.28
56	Madalena Raquel BARBOSA	97	Inf. B	GESP	1:26.58
57	Maria Joao FERNANDES	97	Inf. B	FCP/IB	1:27.60
58	Ines Vilela BRAGA	97	Inf. B	FCP/IB	1:29.33

Prova 4

Masc., 100m Costas

Infantis

6.3.09

Lista inscritos

Recorde Nacional Infantis A	1:01.53	David Miguel FERRO	SFUAP	Algés	13.3.98
Recorde Nacional Infantis B	1:05.14	Adelino Emanuel GAITEIRO	LSC	Matosinho	18.5.02

TAC Inf A Masc Inf A: 1:13.20 / TAC Inf B Masc Inf B: 1:17.00

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Joao Pedro SANTOS	95	Inf. A	CDE	1:06.31
2	Luis Alberto NOGUEIRA	95	Inf. A	GESP	1:07.10
3	Luis Gabriel SANTOS	95	Inf. A	GCF	1:08.37
4	Andre Isaias GUIMARAES	95	Inf. A	GDNVNF	1:08.53
5	Joao Pedro BARROSO	95	Inf. A	GCST	1:09.55
6	Antonio Pedro SILVA	96	Inf. B	SCB	1:09.97
7	Tadeu Amora FERREIRA	95	Inf. A	EDV	1:10.28
8	Sebastiao Jose REIS	95	Inf. A	LSC	1:10.41
9	Guilherme Pedro COELHO	95	Inf. A	CNAC	1:10.44
10	Gustavo Lopes RIBEIRO	95	Inf. A	AAC	1:10.90
11	Joao Paulo DURO	95	Inf. A	LSC	1:11.30
12	Joao Miguel TEIXEIRA	95	Inf. A	AVFC	1:11.61
13	Renato Almeida DOMINGUES	95	Inf. A	FOCA	1:11.81
14	Joao Nuno ABREU	95	Inf. A	VSC	1:12.95
15	Daniel Costa VIEIRA	95	Inf. A	FCP/IB	1:13.80
16	Paulo Gabriel MAGALHAES	96	Inf. B	ADF	1:13.95
17	Joao Paulo BAPTISTA	96	Inf. B	SCE	1:14.04
18	Joao Pedro CARDOSO	96	Inf. B	CNAC	1:14.81
19	Bernardo Manuel VALENTE	95	Inf. A	CFP	1:14.97
20	Francisco Abrunhosa RODRIGUES	96	Inf. B	CNMAIA	1:16.26
21	Francisco Carvalho RODRIGUES	96	Inf. B	FOCA	1:16.77
22	Gil Silva SANTOS	96	Inf. B	GESP	1:16.84
23	Miguel Prata SANTOS	96	Inf. B	VNC	1:16.94
24	Diogo Andre SANTOS	96	Inf. B	ASSSCC	1:17.41

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Prova 4, Masc., 100m Costas

25 Tiago Lopes REIS	96	Inf. B	FCP/IB	1:17.63
26 Pedro Manuel ROCHA	96	Inf. B	GDNVNF	1:17.71
27 Stefan Daniel STEINMAIER	96	Inf. B	ADF	1:19.18

Prova 5
6.3.09

Femin., 4 x 200m Livres

Infantis
Lista inscritos

TAC Inf A Fem Inf A: 10:25.50 / TAC Inf B Fem Inf B: 11:06.00

Ord.	ANO	Cat	Clube	Tempo de Inscrição
1 Foca Inf A		Inf A	FOCA	9:42.38
2 Desportiva de Viana Inf A		Inf A	EDV	9:42.40
3 Famalicão Inf A		Inf A	GDNVNF	9:51.72
4 Braga Inf A		Inf A	SCB	9:55.09
5 Náutico/Matobra Inf A		Inf A	CNAC	10:04.89
6 Porto/Império Bonança Inf A		Inf A	FCP/IB	10:09.89
7 Viana Natação Inf A		Inf A	VNC	10:11.84
8 Gespaços Inf A		Inf A	GESP	10:16.03
9 Náutico/Matobra Inf B		Inf B	CNAC	10:32.32
10 Gespaços Inf B		Inf B	GESP	10:34.38
11 Porto/Império Bonança Inf B		Inf B	FCP/IB	10:36.63
12 Desportiva de Viana Inf B		Inf B	EDV	10:52.07
13 Braga Inf B		Inf B	SCB	10:53.28

Prova 6
6.3.09

Masc., 4 x 200m Livres

Infantis
Lista inscritos

Recorde Nacional Infantis A	8:29.11	PFOliveira,DAguiar,DCalado,FSilver	FCB	Cova Piedade	10.6.04
Recorde Nacional Infantis B	8:45.06	ACosta,CCarvalho,JFernandes,RFe	SCB	Braga	6.7.01

TAC Inf A Masc Inf A: 9:54.00 / TAC Inf B Masc Inf B: 10:20.00

Ord.	ANO	Cat	Clube	Tempo de Inscrição
1 Famalicão Inf A		Inf A	GDNVNF	8:58.26
2 Academica Coimbra Inf A		Inf A	AAC	9:09.70
3 Fluvial Portuense Inf A		Inf A	CFP	9:11.26
4 Desportiva de Viana Inf A		Inf A	EDV	9:21.25
5 Foca Inf A		Inf A	FOCA	9:21.45
6 Porto/Império Bonança Inf A		Inf A	FCP/IB	9:26.98
7 Fafe Inf B		Inf B	ADF	9:34.44
8 Fluvial Vilacondense Inf A		Inf A	CFV	9:36.08
9 Leixões Inf A		Inf A	LSC	9:48.61
10 Académico Viseu Inf A		Inf A	AVFC	9:52.49
11 Porto/Império Bonança Inf B		Inf B	FCP/IB	9:58.13
12 Viana Natação Inf B		Inf B	VNC	10:06.06
13 Fluvial Vilacondense Inf B		Inf B	CFV	10:08.32
14 Gespaços Inf B		Inf B	GESP	10:13.04
15 Foca Inf B		Inf B	FOCA	10:16.83
16 Desportiva Limiana Inf B		Inf B	EDL	10:18.11

Torneio Zonal de Infantis (zona norte)
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2 - 7. Março 09

7.3.09 - 9:30

Prova 7		Femin., 800m Livres			Infantis	
7.3.09 - 9:30					Lista inscritos	
Recorde Nacional Infantis A	9:03.90	tempo limite				
Recorde Nacional Infantis B	9:38.19	Diana Ramos ROCHA	EDV	Arcos Valdevez		6.7.06
TAC Inf A Fem Inf A: 10:50.00 / TAC Inf B Fem Inf B: 11:36.00						

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Diana Margarida DURAES	96	Inf A	FOCA	9:32.91
2	Florabela Cavaco MACHADO	96	Inf A	ASSSCC	9:52.51
3	Sofia Cunha SOUSA	96	Inf A	FOCA	9:58.81
4	Maria Amelia GASPAR	96	Inf A	CNAC	10:15.77
5	Flavia Daniela GONCALVES	96	Inf A	EDV	10:17.54
6	Ana Filipa MARTINS	97	Inf B	FOCA	10:17.74
7	Maria Joao SANTOS	96	Inf A	EDV	10:21.69
8	Ines Ribeiro SEQUEIRA	96	Inf A	EDV	10:27.25
9	Rita Pinto MONTEIRO	96	Inf A	EDV	10:27.79
10	Ana Isabel FERNANDES	96	Inf A	GDNVNF	10:32.55
11	Flavia Sofia LIMA	96	Inf A	EDV	10:32.64
12	Ana Catarina AZEVEDO	96	Inf A	GDNVNF	10:37.63
13	Ana Cristina NEVES	96	Inf A	FCP/IB	10:39.44
14	Maria Julia CUNHA	96	Inf A	SCB	10:43.30
15	Joana Milhazes PINTO	96	Inf A	SCB	10:48.54
16	Renata Castro GONCALVES	96	Inf A	SCA	10:48.67
17	Vera Patricia FERNANDES	96	Inf A	SCB	10:48.90
18	Sara Faria COSTA	97	Inf B	SCB	10:54.49
19	Maria Teresa AMORIM	97	Inf B	FCP/IB	10:58.96
20	Marta Alexandra NASCIMENTO	97	Inf B	EDV	11:06.71
21	Iris Castro FERREIRA	97	Inf B	FCP/IB	11:14.52
22	Ana Carlota CONCEICAO	97	Inf B	CNAC	11:15.83
23	Mariana Lourenco PRETO	97	Inf B	LSC	11:25.96
24	Patricia Daniela MACHADO	97	Inf B	SCB	11:27.22
25	Sara Laranjeira MARQUES	97	Inf B	CGA	11:27.53
26	Rute dos Santos FERREIRA	97	Inf B	FCP/IB	11:31.54
27	Beatriz Filipa MATOS	97	Inf B	FBSC	11:34.31
28	Maria Joao FERNANDES	97	Inf B	FCP/IB	11:35.23

Prova 8		Masc., 400m Livres			Infantis	
7.3.09					Lista inscritos	
Recorde Nacional Infantis A	4:13.24	Pedro Fontoura OLIVEIRA	CFB	Reboleira		5.6.04
Recorde Nacional Infantis B	4:21.95	Pedro Fontoura OLIVEIRA	CFB	Santarém		4.4.03
TAC Inf A Masc Inf A: 4:53.50 / TAC Inf B Masc Inf B: 5:05.00						

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Tomas Correia SILVA	95	Inf A	CFP	4:22.40
2	Bernardo Manuel VALENTE	95	Inf A	CFP	4:33.52
3	Manuel Henrique ALVES	95	Inf A	EDV	4:35.08
4	Joao Andre NEVES	95	Inf A	AAC	4:38.35
5	Cesar Filipe MAGALHAES	95	Inf A	FOCA	4:38.72
6	Jose Luis GABRIEL	96	Inf B	AVFC	4:39.79
7	Tomas Miguel VELOSO	96	Inf B	CNAC	4:40.38
8	Rui Jorge DIAS	95	Inf A	CNMC	4:41.20
9	Gustavo Lopes RIBEIRO	95	Inf A	AAC	4:43.13
10	Orlando Filipe MORIM	95	Inf A	CFV	4:45.78
11	Tiago Manuel TEIXEIRA	96	Inf B	ADF	4:45.79

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Prova 8, Masc., 400m Livres

12	Diogo Sequeira APARICIO	95	Inf A	FCP/IB	4:46.39
13	Bruno Miguel SILVA	96	Inf B	FCP/IB	4:46.71
14	Rui Oliveira CARDOSO	95	Inf A	SCE	4:47.60
15	Sebastiao Jose REIS	95	Inf A	LSC	4:50.75
16	Luis Gabriel SANTOS	95	Inf A	GCF	4:50.86
17	Joao Miguel TEIXEIRA	95	Inf A	AVFC	4:52.46
18	Joao Nuno ABREU	95	Inf A	VSC	4:52.52
19	Nuno Goncalo FERREIRA	95	Inf A	CGA	4:53.04
20	Joao Duarte MARAFONA	95	Inf A	CFV	4:53.30
21	Andre Filipe ROCHA	96	Inf B	LSC	4:54.48
22	Joao Luis PEREIRA	96	Inf B	EDL	4:57.37
23	Guilherme Lemos LIMA	96	Inf B	EDL	4:59.21
24	Pedro Veiguinha MARTINS	96	Inf B	SCB	4:59.47
25	Mario Jose BARROS	96	Inf B	EDV	5:02.72
26	Daniel Baptista RELVAO	96	Inf B	AAC	5:03.59
27	Jose Carlos TEIXEIRA	96	Inf B	FOCA	5:04.88
28	Diogo Andre SANTOS	96	Inf B	ASSSCC	5:04.94

Prova 9
7.3.09

Femin., 200m Bruços

Infantis
Lista inscritos

Recorde Nacional Infantis A	2:43.17	tempo limite
Recorde Nacional Infantis B	2:46.41	tempo limite

TAC Inf A Fem Inf A: 3:14.50 / TAC Inf B Fem Inf B: 3:22.00

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Maria Joao AMARAL	96	Inf A	VNC	2:51.86
2	Sara Monteiro MEIRELES	97	Inf B	GESP	2:58.77
3	Daniela Valente FERREIRA	96	Inf A	AEJ	2:59.13
4	Sofia Cunha SOUSA	96	Inf A	FOCA	2:59.23
5	Andreia Raquel GRANJO	96	Inf A	GDNVNF	2:59.35
6	Paula Alexandra OLIVEIRA	96	Inf A	FCP/IB	3:01.46
7	Alexandra Vilas FABIAO	96	Inf A	SCB	3:01.83
8	Neuza Casanova SANTOS	96	Inf A	CFV	3:03.42
9	Catia Alexandra BATISTA	96	Inf A	CLAMAS	3:04.42
10	Ana Cristina DIAS	96	Inf A	SCB	3:04.82
11	Carlota Moura CARVALHOS	96	Inf A	CNAC	3:05.27
12	Rosa Maria OLIVEIRA	96	Inf A	CDE	3:06.09
13	Jessica Rodrigues TAVARES	96	Inf A	CDCA	3:08.78
14	Ana Sofia SOUSA	96	Inf A	GESP	3:10.74
15	Ines Marcelino COSTA	97	Inf B	FBSC	3:11.17
16	Maria Beatriz RASCAO	96	Inf A	CNAC	3:11.38
17	Maria Joao PAIXAO	96	Inf A	GCF	3:11.64
18	Rita Catarina MIRANDA	97	Inf B	SCB	3:15.78
19	Diana Sofia SILVA	97	Inf B	SCB	3:16.23
20	Carolina Conceicao PAIS	97	Inf B	CDF	3:16.57
21	Maria Beatriz RIBEIRO	97	Inf B	CNMAIA	3:16.57
22	Madalena Raquel BARBOSA	97	Inf B	GESP	3:17.15
23	Beatriz Carvalho RIBEIRO	97	Inf B	EMDB	3:17.41
24	Maria Ines MARTINS	97	Inf B	CNAC	3:19.02
25	Sofia Isabel TAVARES	97	Inf B	FCP/IB	3:20.58
26	Adriana Filipa MATOS	97	Inf B	GDNVNF	3:20.81

Torneio Zonal de Infantis (zona norte)
Cantanhede, 6. - 8.3.2009

Prova 10 Masc., 200m Costas Infantil
7.3.09 Lista inscritos

Recorde Nacional Infantis A	2:12.44	Pedro Diogo OLIVEIRA	CNRM	Rio Maior	7.7.02
Recorde Nacional Infantis B	2:19.41	Pedro Fontoura OLIVEIRA	CFB	Reboleira	28.6.03

TAC Inf A Masc Inf A: 2:37.00 / TAC Inf B Masc Inf B: 2:45.00

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Joao Pedro SANTOS	95	Inf. A	CDE	2:20.18
2	Andre Isaias GUIMARAES	95	Inf. A	GDNVNF	2:25.54
3	Luis Alberto NOGUEIRA	95	Inf. A	GESP	2:27.34
4	Jose Luis GABRIEL	96	Inf B	AVFC	2:28.50
5	Guilherme Pedro COELHO	95	Inf. A	CNAC	2:29.57
6	Tadeu Amora FERREIRA	95	Inf. A	EDV	2:29.57
7	Joao Pedro BARROSO	95	Inf. A	GCST	2:30.88
8	Joao Paulo DURO	95	Inf. A	LSC	2:32.13
9	Renato Almeida DOMINGUES	95	Inf. A	FOCA	2:32.91
10	Antonio Miguel VITORINO	96	Inf B	VNC	2:33.60
11	Joao Nuno ABREU	95	Inf. A	VSC	2:33.87
12	Antonio Pedro SILVA	96	Inf B	SCB	2:33.88
13	Joao Miguel TEIXEIRA	95	Inf. A	AVFC	2:34.59
14	Daniel Costa VIEIRA	95	Inf. A	FCP/IB	2:35.49
15	Paulo Gabriel MAGALHAES	96	Inf B	ADF	2:38.15
16	Joao Pedro CARDOSO	96	Inf B	CNAC	2:39.33
17	Francisco Abrunhosa RODRIGUES	96	Inf B	CNMAIA	2:40.25
18	Joao Paulo BAPTISTA	96	Inf B	SCE	2:40.41
19	Francisco Carvalho RODRIGUES	96	Inf B	FOCA	2:41.17
20	Tiago Lopes REIS	96	Inf B	FCP/IB	2:41.21
21	Gil Silva SANTOS	96	Inf B	GESP	2:41.79
22	Pedro Manuel ROCHA	96	Inf B	GDNVNF	2:42.81
23	Joao Pedro SANTOS	96	Inf B	FCP/IB	2:42.90
24	Diogo Andre SANTOS	96	Inf B	ASSSCC	2:43.59
25	Stefan Daniel STEINMAIER	96	Inf B	ADF	2:43.70
26	Paulo Andre SILVA	96	Inf B	CFV	2:44.41
27	Job Santos SILVA	96	Inf B	CDF	2:44.43

Prova 11 Femin., 200m Estilos Infantil
7.3.09 Lista inscritos

Recorde Nacional Infantis A	2:26.52	Susana Patricia MIGUEL	SFUAP	Estoril	23.2.03
Recorde Nacional Infantis B	2:31.96	Susana Patricia MIGUEL	SFUAP	Tavira	23.3.02

TAC Inf A Fem Inf A: 2:52.00 / TAC Inf B Fem Inf B: 3:00.00

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Ana Margarida RODRIGUES	96	Inf A	CGA	2:33.90
2	Maria Joao SANTOS	96	Inf A	EDV	2:40.09
3	Ines Ribeiro SEQUEIRA	96	Inf A	EDV	2:42.35
4	Ana Isabel CUNHA	96	Inf A	FOCA	2:42.45
5	Debora Guimaraes OLIVEIRA	96	Inf A	SCB	2:42.72
6	Ana Carolina LEAL	96	Inf A	CNAC	2:42.76
7	Beatriz Casimiro VALENTE	96	Inf A	CFP	2:42.96
8	Flavia Daniela GONCALVES	96	Inf A	EDV	2:43.06
9	Ana Catarina SOUSA	96	Inf A	VSC	2:43.09
10	Andreia Raquel GRANJO	96	Inf A	GDNVNF	2:43.38
11	Claudia Susana TEIXEIRA	96	Inf A	GESP	2:43.42
12	Andreia Margarida ARAUJO	96	Inf A	VNC	2:43.97
13	Maria Joao AMARAL	96	Inf A	VNC	2:44.74
14	Sara Monteiro MEIRELES	97	Inf B	GESP	2:45.13
15	Ana Filipa GOMES	96	Inf A	CFV	2:45.72

Torneio Zonal de Infantis (zona norte)
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Prova 11, Femin., 200m Estilos

16	Paula Alexandra OLIVEIRA	96	Inf A	FCP/IB	2:47.51
17	Joana Varandas BORGES	96	Inf A	CNIN	2:48.82
18	Flavia Sofia LIMA	96	Inf A	EDV	2:49.08
19	Maria Ines ALMEIDA	96	Inf A	CNAC	2:49.16
20	Carla Sofia CRUZ	96	Inf A	SCE	2:49.41
21	Teresa Manuela AIRES	96	Inf A	SCE	2:49.47
22	Ana Luisa CARVALHO	96	Inf A	CDL	2:49.83
23	Carlota Moura CARVALHOS	96	Inf A	CNAC	2:49.88
24	Alexandra Vilas FABIAO	96	Inf A	SCB	2:50.04
25	Daniela Figueiredo METELO	97	Inf B	CNAC	2:50.13
26	Joana Carina SILVA	97	Inf B	LSXXI	2:51.24
27	Ana Rita ARTUR	96	Inf A	AAC	2:51.70
28	Ana Catarina REMELGADO	96	Inf A	LSC	2:51.89
29	Ana Catarina PEREIRA	97	Inf B	FCP/IB	2:52.23
30	Ana Sofia RAMOS	97	Inf B	ADF	2:53.34
31	Ana Filipa MARTINS	97	Inf B	FOCA	2:53.49
32	Juliana Lima FREIXO	97	Inf B	EDV	2:54.55
33	Sofia Alexandra VALINHAS	97	Inf B	GDNVNF	2:56.68
34	Joana Sofia AMORIM	97	Inf B	CFP	2:57.38
35	Maria Beatriz RIBEIRO	97	Inf B	CNMAIA	2:57.79
36	Iolanda Ribeiro PINHEIRO	97	Inf B	GESP	2:57.83
37	Rita Rafaela BRUNIDO	97	Inf B	GESP	2:58.36
38	Diana Sofia SILVA	97	Inf B	SCB	2:58.61
39	Ines Marcelino COSTA	97	Inf B	FBSC	2:58.74
40	Ana Carlota CONCEICAO	97	Inf B	CNAC	2:58.90
41	Ana Catarina LIBERAL	97	Inf B	CNAC	2:59.07
42	Ana Margarida SANTOS	97	Inf B	EDV	2:59.13
43	Sofia Isabel TAVARES	97	Inf B	FCP/IB	2:59.31

Torneio Zonal de Infantis (zona norte)
Cantanhede, 6. - 8.3.2009

3 - 7. Março 09

7.3.09 - 16:00

Prova 12	Masc., 200m Livres				Infantis
7.3.09 - 16:00					Lista inscritos
Recorde Nacional Infantis A	1:58.99	Pedro Fontoura OLIVEIRA	CFB	Cova da Piedade	10.6.04
Recorde Nacional Infantis B	2:05.79	Pedro Fontoura OLIVEIRA	CFB	Santarém	4.4.03
TAC Inf A Masc Inf A: 2:20.20 / TAC Inf B Masc Inf B: 2:26.50					

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Joao Andre NEVES	95	Inf A	AAC	2:08.00
2	Luis Alberto NOGUEIRA	95	Inf A	GESP	2:08.21
3	Tomas Correia SILVA	95	Inf A	CFP	2:08.44
4	Joao Pedro BARROSO	95	Inf A	GCST	2:10.04
5	Joao Pedro SANTOS	95	Inf A	CDE	2:10.31
6	Bernardo Manuel VALENTE	95	Inf A	CFP	2:10.52
7	Rui Jorge DIAS	95	Inf A	CNMC	2:10.90
8	Manuel Henrique ALVES	95	Inf A	EDV	2:12.56
9	Gustavo Lopes RIBEIRO	95	Inf A	AAC	2:13.93
10	Nuno Goncalo FERREIRA	95	Inf A	CGA	2:14.87
11	Tadeu Amora FERREIRA	95	Inf A	EDV	2:14.98
12	Nuno Goncalo MARTINS	95	Inf A	GDNVNF	2:15.17
13	Joao Miguel TEIXEIRA	95	Inf A	AVFC	2:15.25
14	Tiago Manuel TEIXEIRA	96	Inf B	ADF	2:15.50
15	Orlando Filipe MORIM	95	Inf A	CFV	2:16.12
16	Luis de OLIVEIRA	95	Inf A	AAC	2:16.20
17	Tiago Miguel ALVES	95	Inf A	ASSSCC	2:16.25
18	Rui Oliveira CARDOSO	95	Inf A	SCE	2:16.29
19	Tomas Miguel VELOSO	96	Inf B	CNAC	2:16.48
20	Luis Gabriel SANTOS	95	Inf A	GCF	2:16.56
21	Francisco Xavier RODRIGUES	95	Inf A	GDM	2:17.14
22	Mauro Gaspar FERREIRA	95	Inf A	EMDB	2:17.60
23	Jose Pedro ANTUNES	95	Inf A	GDNVNF	2:17.64
24	Guilherme Pedro COELHO	95	Inf A	CNAC	2:18.04
25	Gil Cruz FERNANDES	95	Inf A	ADCJC	2:18.20
26	Bernardo Aguiar BRANCO	95	Inf A	FCP/IB	2:18.35
27	Sebastiao Jose REIS	95	Inf A	LSC	2:18.64
28	Joao Duarte MARAFONA	95	Inf A	CFV	2:19.03
29	Joao Luis PEREIRA	96	Inf B	EDL	2:19.07
30	Paulo Andre SILVA	95	Inf A	CNMAIA	2:19.10
31	Diogo Sequeira APARICIO	95	Inf A	FCP/IB	2:19.28
32	Joao Nuno ABREU	95	Inf A	VSC	2:19.30
33	Andre Filipe ROCHA	96	Inf B	LSC	2:19.53
34	Bruno Miguel SILVA	95	Inf A	CFP	2:20.05
35	Jose Antonio FORTE	95	Inf A	AAC	2:20.13
36	Bruno Miguel SILVA	96	Inf B	FCP/IB	2:20.63
37	Antonio Pedro SILVA	96	Inf B	SCB	2:21.06
38	Daniel Baptista RELVAO	96	Inf B	AAC	2:22.01
39	Mauro Filipe MAIA	96	Inf B	CFP	2:24.30
40	Diogo Andre SANTOS	96	Inf B	ASSSCC	2:24.69
41	Miguel Prata SANTOS	96	Inf B	VNC	2:24.85
42	Tiago Joao MEIRA	96	Inf B	VNC	2:24.88
43	Pedro Miguel REIS	96	Inf B	SCE	2:24.92
44	Ricardo Miguel ALVES	96	Inf B	VNC	2:24.95
45	Mario Jose BARROS	96	Inf B	EDV	2:24.98
46	Antonio Pedro OLIVEIRA	96	Inf B	ADF	2:25.00
47	Tiago Lopes REIS	96	Inf B	FCP/IB	2:25.17
48	Francisco Jose OLIVEIRA	96	Inf B	ADF	2:25.19

Torneio Zonal de Infantis (zona norte)
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Prova 12, Masc., 200m Livres

49 Joao Paulo BAPTISTA 96 Inf B SCE 2:25.53

Prova 13
7.3.09

Femin., 100m Livres

Infantis
Lista inscritos

Recorde Nacional Infantis A 1:00.34 Catia Raquel MARTINHEIRA LDC Faro 10.5.08
Recorde Nacional Infantis B 1:03.09 Isabel Pinto Abreu ABREU CFB Lisboa 20.4.08

TAC Inf A Fem Inf A: 1:10.00 / TAC Inf B Fem Inf B: 1:13.00

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Andreia Raquel GRANJO	96	Inf A	GDNVNF	1:05.37
2	Ana Catarina SOUSA	96	Inf A	VSC	1:05.94
3	Ana Filipa GOMES	96	Inf A	CFV	1:05.96
4	Maria Joao AMARAL	96	Inf A	VNC	1:06.15
5	Ana Carolina LEAL	96	Inf A	CNAC	1:06.52
6	Ana Margarida RODRIGUES	96	Inf A	CGA	1:06.56
7	Maria Julia CUNHA	96	Inf A	SCB	1:06.69
8	Beatriz Magalhaes NOVAIS	96	Inf A	CNIN	1:06.82
9	Joana Varandas BORGES	96	Inf A	CNIN	1:06.99
10	Ines Costa NETO	96	Inf A	AVFC	1:07.05
11	Renata Castro GONCALVES	96	Inf A	SCA	1:07.13
12	Joana Carina SILVA	97	Inf B	LSXXI	1:07.77
13	Ana Luisa CARVALHO	96	Inf A	CDL	1:08.03
14	Beatriz Casimiro VALENTE	96	Inf A	CFP	1:08.62
15	Ana Isabel FERNANDES	96	Inf A	GDNVNF	1:08.72
16	Ariana Rocha BARBOSA	96	Inf A	VNC	1:09.08
17	Paula Alexandra OLIVEIRA	96	Inf A	FCP/IB	1:09.15
18	Ana Catarina AZEVEDO	96	Inf A	GDNVNF	1:09.19
19	Daniela Valente FERREIRA	96	Inf A	AEJ	1:09.24
20	Ana Filipa MARTINS	97	Inf B	FOCA	1:09.25
21	Ana Beatriz SILVA	96	Inf A	CAPGE	1:09.34
22	Ana Catarina REMELGADO	96	Inf A	LSC	1:09.61
23	Diana Sofia ROCHA	96	Inf A	GDNVNF	1:09.62
24	Maria Beatriz RASCAO	96	Inf A	CNAC	1:09.62
25	Ana Rita ARTUR	96	Inf A	AAC	1:09.82
26	Sara Laranjeira MARQUES	97	Inf B	CGA	1:10.29
27	Sara Faria COSTA	97	Inf B	SCB	1:10.58
28	Rita Pinto MONTEIRO	96	Inf A	EDV	1:10.81
29	Ana Catarina SILVA	96	Inf A	FCP/IB	1:11.40
30	Madalena Maria FERREIRA	97	Inf B	AAC	1:11.62
31	Ana Catarina PEREIRA	97	Inf B	FCP/IB	1:12.27
32	Joana Sofia AMORIM	97	Inf B	CFP	1:12.55
33	Sofia Lopes AZEVEDO	97	Inf B	SCE	1:12.59
34	Sofia Isabel TAVARES	97	Inf B	FCP/IB	1:12.77
35	Iris Castro FERREIRA	97	Inf B	FCP/IB	1:13.77
36	Adriana Daniela CASTRO	97	Inf B	CNMAIA	1:14.31

Torneio Zonal de Infantis (zona norte)
Cantanhede, 6. - 8.3.2009

Prova 14 Masc., 100m Bruços Infantilis
7.3.09 Lista inscritos

Recorde Nacional Infantis A 1:09.10 Diogo Parrilha da SILVA CNAL Sines 31.3.07
Recorde Nacional Infantis B 1:11.63 Tomás Miguel FREITAS CDN Funchal 19.7.03

TAC Inf A Masc Inf A: 1:22.00 / TAC Inf B Masc Inf B: 1:27.50

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Luis Manuel FERNANDES	95	Inf A	GDNVNF	1:10.18
2	Tiago Sobral COELHO	95	Inf A	GCST	1:14.75
3	Henrique Jose MARQUEZ	95	Inf A	SCBM	1:16.65
4	Goncalo Pereira SA	95	Inf A	CDF	1:18.36
5	Guilherme Lemos LIMA	96	Inf B	EDL	1:19.39
6	Marcelo Oliveira CARDOSO	95	Inf A	SCA	1:19.50
7	Mauro Gaspar FERREIRA	95	Inf A	EMDB	1:20.00
8	Andre Machado VALE	95	Inf A	VNC	1:20.60
9	Luis Filipe JUSTO	95	Inf A	CJSA	1:21.43
10	Carlos Cunha COSTA	95	Inf A	ADF	1:21.49
11	Joao Paulo DURO	95	Inf A	LSC	1:21.66
12	Renato Almeida DOMINGUES	95	Inf A	FOCA	1:21.82
13	Francisco Abrunhosa RODRIGUES	96	Inf B	CNMAIA	1:22.78
14	Rafael Joao CORREIA	95	Inf A	CDL	1:24.07
15	Leonardo Cardoso FIGUEIREDO	96	Inf B	CNMAIA	1:26.46
16	Pedro Henrique MARTINS	96	Inf B	GESP	1:26.55
17	Nuno Duarte BARBOSA	96	Inf B	LSC	1:26.67
18	Bruno Miguel SILVA	95	Inf A	CFP	1:26.96
19	Joao Paulo CAPITAO	96	Inf B	CDF	1:27.05
20	Bruno Campos NETO	96	Inf B	GESP	1:27.46

Prova 15 Femin., 200m Mariposa Infantilis
7.3.09 Lista inscritos

Recorde Nacional Infantis A 2:25.40 tempo limite
Recorde Nacional Infantis B 2:31.64 tempo limite

TAC Inf A Fem Inf A: 3:00.00 / TAC Inf B Fem Inf B: 3:15.00

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Diana Margarida DURAES	96	Inf A	FOCA	2:34.90
2	Ana Isabel CUNHA	96	Inf A	FOCA	2:39.37
3	Maria Amelia GASPAR	96	Inf A	CNAC	2:43.65
4	Florabela Cavaco MACHADO	96	Inf A	ASSSCC	2:45.47
5	Catia Alexandra BATISTA	96	Inf A	CLAMAS	2:45.65
6	Daniela Figueiredo METELO	97	Inf B	CNAC	2:46.42
7	Debora Guimaraes OLIVEIRA	96	Inf A	SCB	2:47.23
8	Sara Monteiro MEIRELES	97	Inf B	GESP	2:50.90
9	Andreia Margarida ARAUJO	96	Inf A	VNC	2:54.16
10	Joana Milhazes PINTO	96	Inf A	SCB	2:55.85
11	Carla Sofia CRUZ	96	Inf A	SCE	2:56.01
12	Iolanda Ribeiro PINHEIRO	97	Inf B	GESP	2:59.27
13	Ana Sofia RAMOS	97	Inf B	ADF	2:59.53
14	Rita Rafaela BRUNIDO	97	Inf B	GESP	3:00.49
15	Marta Alexandra NASCIMENTO	97	Inf B	EDV	3:05.10
16	Maria Teresa AMORIM	97	Inf B	FCP/IB	3:06.04
17	Juliana Lima FREIXO	97	Inf B	EDV	3:09.29
18	Sofia Alexandra VALINHAS	97	Inf B	GDNVNF	3:13.89

Torneio Zonal de Infantis (zona norte)
Cantanhede, 6. - 8.3.2009

Prova 16 Masc., 100m Mariposa Infantis
7.3.09 Lista inscritos

Recorde Nacional Infantis A	59.56	Fabio Parrilha SILVA	CNAL	Leiria	7.4.01
Recorde Nacional Infantis B	1:01.78	Fabio Parrilha SILVA	CNAL	Penafiel	1.4.00

TAC Inf A Masc Inf A: 1:12.60 / TAC Inf B Masc Inf B: 1:17.50

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Rafael Ribeiro PINHO	95	Inf A	GDNVNF	1:05.44
2	Frederico Renato SOUSA	95	Inf A	GESP	1:06.72
3	Paulo Andre SILVA	95	Inf A	CNMAIA	1:07.79
4	Antonio Miguel VITORINO	96	Inf B	VNC	1:09.55
5	Tomas Miguel VELOSO	96	Inf B	CNAC	1:10.12
6	Luis Gabriel SANTOS	95	Inf A	GCF	1:10.25
7	Antonio Pedro SILVA	96	Inf B	SCB	1:10.62
8	Cesar Filipe MAGALHAES	95	Inf A	FOCA	1:10.67
9	Rui Oliveira CARDOSO	95	Inf A	SCE	1:10.69
10	Paulo Andre SILVA	96	Inf B	CFV	1:12.92
11	Pedro Manuel ROCHA	96	Inf B	GDNVNF	1:14.13
12	Gil Silva SANTOS	96	Inf B	GESP	1:14.58
13	Nuno Duarte BARBOSA	96	Inf B	LSC	1:15.71
14	Nuno Filipe SANTOS	96	Inf B	CFV	1:15.99
15	Miguel Angelo CRUZ	96	Inf B	GESP	1:16.36
16	Joao Pedro SANTOS	96	Inf B	FCP/IB	1:16.87
17	Job Santos SILVA	96	Inf B	CDF	1:17.03

Prova 17 Femin., 4 x 100m Estilos Infantis
7.3.09 Lista inscritos

Recorde Nacional Infantis A	4:42.00	InesA,APina,RaquelR,VeraP	SLB	Sines	31.3.07
Recorde Nacional Infantis B	4:57.40	tempo limite			

TAC Inf A Fem Inf A: 5:37.00 / TAC Inf B Fem Inf B: 5:53.00

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Braga Inf A		Inf A	SCB	4:59.15
2	Foca Inf A		Inf A	FOCA	5:06.44
3	Viana Natação Inf A		Inf A	VNC	5:07.29
4	Famalicão Inf A		Inf A	GDNVNF	5:11.21
5	Desportiva de Viana Inf A		Inf A	EDV	5:11.80
6	Gespaços Inf B		Inf B	GESP	5:16.38
7	Náutico/Matobra Inf A		Inf A	CNAC	5:20.51
8	Porto/Império Bonança Inf A		Inf A	FCP/IB	5:24.54
9	Gespaços Inf A		Inf A	GESP	5:25.64
10	Desportiva de Viana Inf B		Inf B	EDV	5:36.16
11	Academica Coimbra Inf A		Inf A	AAC	5:37.00
12	Braga Inf B		Inf B	SCB	5:38.01
13	Famalicão Inf B		Inf B	GDNVNF	5:42.20
14	Porto/Império Bonança Inf B		Inf B	FCP/IB	5:44.18
15	Náutico/Matobra Inf B		Inf B	CNAC	5:53.00

Torneio Zonal de Infantis (zona norte)
Cantanhede, 6. - 8.3.2009

Prova 18
7.3.09

Masc., 4 x 100m Livres

Infantis
Lista inscritos

Recorde Nacional Infantis A	3:54.59	JVargas,AGomes,JFreitas,PCotrim	CNF	Funchal	23.6.07
Recorde Nacional Infantis B	4:07.42	tempo limite			

TAC Inf A Masc Inf A: 4:32.00 / TAC Inf B Masc Inf B: 4:43.00

Ord.	ANO	Cat	Clube	Tempo de Inscrição
1	Famalicão Inf A	Inf A	GDNVNF	4:02.76
2	Fluvial Portuense Inf A	Inf A	CFP	4:13.55
3	Academica Coimbra Inf A	Inf A	AAC	4:18.61
4	Desportiva de Viana Inf A	Inf A	EDV	4:19.13
5	Viana Natação Inf B	Inf B	VNC	4:20.43
6	Fluvial Vilacondense Inf A	Inf A	CFV	4:20.75
7	Foca Inf A	Inf A	FOCA	4:21.74
8	Porto/Império Bonança Inf A	Inf A	FCP/IB	4:24.39
9	Porto/Império Bonança Inf B	Inf B	FCP/IB	4:25.92
10	Fafe Inf B	Inf B	ADF	4:25.93
11	Leixões Inf A	Inf A	LSC	4:31.37
12	Viana Natação Inf A	Inf A	VNC	4:31.54
13	Fluvial Vilacondense Inf B	Inf B	CFV	4:32.87
14	Gespaços Inf B	Inf B	GESP	4:39.54
15	Desportiva Limiana Inf B	Inf B	EDL	4:40.81

Torneio Zonal de Infantis (zona norte)
Cantanhede, 6. - 8.3.2009

4 - 8. Março 09

8.3.09 - 9:00

Prova 19		Masc., 1500m Livres			Infantis
8.3.09 - 9:00					Lista inscritos
Recorde Nacional Infantis A	16:31.35	Pedro Fontoura OLIVEIRA	CFB	Reboleira	27.6.04
Recorde Nacional Infantis B	17:13.96	Pedro Fontoura OLIVEIRA	CFB	Santarem	6.4.03
TAC Inf A Masc Inf A: 19:22.00 / TAC Inf B Masc Inf B: 20:08.00					

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Tomas Correia SILVA	95	Inf A	CFP	17:24.68
2	Manuel Henrique ALVES	95	Inf A	EDV	17:53.81
3	Luis Alberto NOGUEIRA	95	Inf A	GESP	18:06.93
4	Bernardo Manuel VALENTE	95	Inf A	CFP	18:08.94
5	Cesar Filipe MAGALHAES	95	Inf A	FOCA	18:16.00
6	Diogo Sequeira APARICIO	95	Inf A	FCP/IB	18:52.91
7	Tiago Miguel ALVES	95	Inf A	ASSSCC	19:02.91
8	Tadeu Amora FERREIRA	95	Inf A	EDV	19:07.54
9	Orlando Filipe MORIM	95	Inf A	CFV	19:09.17
10	Joao Miguel TEIXEIRA	95	Inf A	AVFC	19:09.29
11	Pedro Veiguiha MARTINS	96	Inf B	SCB	19:09.40
12	Nuno Goncalo FERREIRA	95	Inf A	CGA	19:13.09
13	Gil Cruz FERNANDES	95	Inf A	ADCJC	19:16.16
14	Artur Manuel FERREIRA	95	Inf A	FCP/IB	19:17.02
15	Andre Filipe ROCHA	96	Inf B	LSC	19:19.43
16	Pedro Maria BESSA	95	Inf A	FCP/IB	19:19.55
17	Jose Antonio FORTE	95	Inf A	AAC	19:21.43
18	Bruno Miguel SILVA	96	Inf B	FCP/IB	19:41.29
19	Pedro Miguel REIS	96	Inf B	SCE	19:49.23
20	Mario Jose BARROS	96	Inf B	EDV	19:50.46
21	Joao Luis PEREIRA	96	Inf B	EDL	19:53.14

Prova 20		Femin., 400m Livres			Infantis
8.3.09					Lista inscritos
Recorde Nacional Infantis A	4:25.30	tempo limite			
Recorde Nacional Infantis B	4:41.00	tempo limite			
TAC Inf A Fem Inf A: 5:16.50 / TAC Inf B Fem Inf B: 5:32.00					

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Diana Margarida DURAES	96	Inf A	FOCA	4:39.96
2	Florbela Cavaco MACHADO	96	Inf A	ASSSCC	4:50.00
3	Maria Joao SANTOS	96	Inf A	EDV	4:55.33
4	Ines Ribeiro SEQUEIRA	96	Inf A	EDV	4:58.44
5	Beatriz Casimiro VALENTE	96	Inf A	CFP	5:01.05
6	Ana Catarina AZEVEDO	96	Inf A	GDNVNF	5:02.33
7	Flavia Daniela GONCALVES	96	Inf A	EDV	5:02.44
8	Claudia Susana TEIXEIRA	96	Inf A	GESP	5:03.69
9	Ana Filipa MARTINS	97	Inf B	FOCA	5:04.18
10	Ana Carolina LEAL	96	Inf A	CNAC	5:04.49
11	Maria Julia CUNHA	96	Inf A	SCB	5:04.68
12	Rita Pinto MONTEIRO	96	Inf A	EDV	5:05.79
13	Flavia Sofia LIMA	96	Inf A	EDV	5:06.55
14	Maria Amelia GASPAR	96	Inf A	CNAC	5:07.80
15	Andreia Margarida ARAUJO	96	Inf A	VNC	5:08.72
16	Renata Castro GONCALVES	96	Inf A	SCA	5:10.02
17	Ana Isabel FERNANDES	96	Inf A	GDNVNF	5:12.87
18	Maria Beatriz RASCAO	96	Inf A	CNAC	5:13.51

Torneio Zonal de Infantis (zona norte)
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Prova 20, Femin., 400m Livres

19 Daniela Figueiredo METELO	97	Inf B	CNAC	5:14.20
20 Joana Milhazes PINTO	96	Inf A	SCB	5:14.45
21 Ines Maria PINTAO	96	Inf A	FCP/IB	5:15.36
22 Ana Catarina SILVA	96	Inf A	FCP/IB	5:15.64
23 Ana Cristina NEVES	96	Inf A	FCP/IB	5:15.69
24 Maria Joao ESTEVES	96	Inf A	CFP	5:15.86
25 Maria Teresa AMORIM	97	Inf B	FCP/IB	5:19.07
26 Sara Faria COSTA	97	Inf B	SCB	5:19.36
27 Ana Sofia RAMOS	97	Inf B	ADF	5:21.08
28 Ana Carlota CONCEICAO	97	Inf B	CNAC	5:23.50
29 Matilde Domingues GAMEIRO	97	Inf B	CNAC	5:24.30
30 Joana Sofia AMORIM	97	Inf B	CFP	5:27.15
31 Iris Castro FERREIRA	97	Inf B	FCP/IB	5:28.93
32 Marta Alexandra NASCIMENTO	97	Inf B	EDV	5:29.34
33 Rute dos Santos FERREIRA	97	Inf B	FCP/IB	5:30.20
34 Sara Laranjeira MARQUES	97	Inf B	CGA	5:31.94

Prova 21
8.3.09

Masc., 200m Bruços

Infantis
Lista inscritos

Recorde Nacional Infantis A	2:30.07	Tomás Miguel FREITAS	CDN	Setubal	4.4.04
Recorde Nacional Infantis B	2:37.57	Tomas Miguel FREITAS	CDN	Funchal	13.7.03
TAC Inf A Masc Inf A: 2:59.00 / TAC Inf B Masc Inf B: 3:09.00					

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Luis Manuel FERNANDES	95	Inf A	GDNVNF	2:32.59
2	Tiago Sobral COELHO	95	Inf A	GCST	2:46.33
3	Rui Jorge DIAS	95	Inf A	CNMC	2:47.34
4	Mauro Gaspar FERREIRA	95	Inf A	EMDB	2:49.79
5	Carlos Cunha COSTA	95	Inf A	ADF	2:50.06
6	Renato Almeida DOMINGUES	95	Inf A	FOCA	2:50.68
7	Frederico Renato SOUSA	95	Inf A	GESP	2:51.44
8	Andre Machado VALE	95	Inf A	VNC	2:51.60
9	Guilherme Lemos LIMA	96	Inf B	EDL	2:52.06
10	Marcelo Oliveira CARDOSO	95	Inf A	SCA	2:53.69
11	Joao Paulo DURO	95	Inf A	LSC	2:54.42
12	Francisco Abrunhosa RODRIGUES	96	Inf B	CNMAIA	2:56.75
13	Goncalo Pereira SA	95	Inf A	CDF	2:58.06
14	Rafael Joao CORREIA	95	Inf A	CDL	2:58.60
15	Bruno Miguel SILVA	95	Inf A	CFP	2:58.84
16	Pedro Henrique MARTINS	96	Inf B	GESP	3:03.51
17	Leonardo Cardoso FIGUEIREDO	96	Inf B	CNMAIA	3:04.50
18	Nuno Duarte BARBOSA	96	Inf B	LSC	3:06.31
19	Joao Paulo CAPITAO	96	Inf B	CDF	3:08.04
20	Miguel Angelo CRUZ	96	Inf B	GESP	3:08.43

Torneio Zonal de Infantis (zona norte)
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Prova 22 Femin., 200m Costas Infantis
8.3.09 Lista inscritos

Recorde Nacional Infantis A 2:22.25 Keissy Joselin SOUSA FCP Algés 15.3.98
Recorde Nacional Infantis B 2:27.92 Keissy Joselin SOUSA FCP Alcobça 16.3.97

TAC Inf A Fem Inf A: 2:52.00 / TAC Inf B Fem Inf B: 3:00.00

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Flavia Daniela GONCALVES	96	Inf A	EDV	2:34.26
2	Ana Margarida RODRIGUES	96	Inf A	CGA	2:36.73
3	Joana Carina SILVA	97	Inf B	LSXXI	2:37.54
4	Sofia Cunha SOUSA	96	Inf A	FOCA	2:38.53
5	Ana Isabel CUNHA	96	Inf A	FOCA	2:40.12
6	Andreia Raquel GRANJO	96	Inf A	GDNVNF	2:41.33
7	Ana Catarina SOUSA	96	Inf A	VSC	2:41.41
8	Maria Joao PAIXAO	96	Inf A	GCF	2:41.41
9	Daniela Valente FERREIRA	96	Inf A	AEJ	2:41.75
10	Maria Ines ALMEIDA	96	Inf A	CNAC	2:41.90
11	Carla Sofia CRUZ	96	Inf A	SCE	2:42.30
12	Leonor Rebelo PEREIRA	96	Inf A	EMDB	2:42.94
13	Ana Filipa GOMES	96	Inf A	CFV	2:43.86
14	Claudia Susana TEIXEIRA	96	Inf A	GESP	2:43.90
15	Ines Costa NETO	96	Inf A	AVFC	2:44.13
16	Neuza Carina ROCHA	96	Inf A	LSXXI	2:44.43
17	Joana Varandas BORGES	96	Inf A	CNIN	2:45.58
18	Debora Guimaraes OLIVEIRA	96	Inf A	SCB	2:46.86
19	Rita Alexandre OLIVEIRA	96	Inf A	CNMAIA	2:47.08
20	Ana Rita ARTUR	96	Inf A	AAC	2:47.26
21	Ana Luisa CARVALHO	96	Inf A	CDL	2:47.37
22	Patricia Isabel GRANJO	96	Inf A	GDNVNF	2:47.43
23	Rita Rafaela BRUNIDO	97	Inf B	GESP	2:47.61
24	Neuza Casanova SANTOS	96	Inf A	CFV	2:47.84
25	Ana Catarina REMELGADO	96	Inf A	LSC	2:48.85
26	Alexandra Vilas FABIAO	96	Inf A	SCB	2:49.06
27	Ana Beatriz SILVA	96	Inf A	CAPGE	2:49.23
28	Rita Pinto MONTEIRO	96	Inf A	EDV	2:49.88
29	Carlota Moura CARVALHOS	96	Inf A	CNAC	2:49.99
30	Ana Paula ARAUJO	96	Inf A	GCST	2:50.22
31	Ana Catarina SILVA	96	Inf A	FCP/IB	2:50.52
32	Claudia Cristina LEO	96	Inf A	GESP	2:50.66
33	Catarina Silva ALVES	96	Inf A	LSC	2:51.40
34	Vera Patricia FERNANDES	96	Inf A	SCB	2:51.41
35	Ana Cristina NEVES	96	Inf A	FCP/IB	2:51.47
36	Ines Oliveira VALE	96	Inf A	CNV	2:51.57
37	Juliana Lima FREIXO	97	Inf B	EDV	2:52.48
38	Sara Faria COSTA	97	Inf B	SCB	2:54.14
39	Cristina Goncalves LIMA	97	Inf B	EDV	2:54.16
40	Beatriz Ana VALENTE	97	Inf B	CFP	2:54.36
41	Beatriz Neves CRAVEIRO	97	Inf B	CNAC	2:54.45
42	Margarida Teixeira MONTEIRO	97	Inf B	EDL	2:54.89
43	Violante Pascoal FONTOURA	97	Inf B	VNC	2:55.28
44	Adriana Daniela CASTRO	97	Inf B	CNMAIA	2:55.32
45	Ana Carlota CONCEICAO	97	Inf B	CNAC	2:55.83
46	Iolanda Ribeiro PINHEIRO	97	Inf B	GESP	2:55.83
47	Mariana Lourenco PRETO	97	Inf B	LSC	2:56.20
48	Madalena Raquel BARBOSA	97	Inf B	GESP	2:56.80
49	Patricia Filipa BARREIRA	97	Inf B	NCC	2:57.34
50	Ana Catarina SIMOES	97	Inf B	CFV	2:57.54
51	Debora Solange MATIAS	97	Inf B	CNMC	2:57.66

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Prova 22, Femin., 200m Costas

52	Beatriz Carvalho RIBEIRO	97	Inf B	EMDB	2:58.73
53	Ana Catarina LIBERAL	97	Inf B	CNAC	2:58.73
54	Ana Catarina PEREIRA	97	Inf B	FCP/IB	2:58.89
55	Ines Vilela BRAGA	97	Inf B	FCP/IB	2:59.07
56	Ana Rosa ARTEIRO	97	Inf B	CFV	2:59.16
57	Diana Sofia SILVA	97	Inf B	SCB	2:59.16
58	Beatriz Filipa MATOS	97	Inf B	FBSC	2:59.34
59	Ines Silva MENDES	97	Inf B	CNAC	2:59.70
60	Maria Joao FERNANDES	97	Inf B	FCP/IB	2:59.70
61	Ana Micaela CARVALHO	97	Inf B	GDNVNF	2:59.80
62	Sonia Alexandra LEITE	97	Inf B	VSC	2:59.82
63	Sofia Lopes AZEVEDO	97	Inf B	SCE	2:59.92

Prova 23
8.3.09

Masc., 200m Estilos

Infantis
Lista inscritos

Recorde Nacional Infantis A	2:13.38	Tomas Miguel FREITAS	CDN	Machico	17.7.04
Recorde Nacional Infantis B	2:20.56	Tomas Miguel FREITAS	CDN	Funchal	28.6.03
TAC Inf A Masc Inf A: 2:38.00 / TAC Inf B Masc Inf B: 2:45.00					

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Luis Manuel FERNANDES	95	Inf A	GDNVNF	2:23.60
2	Rafael Ribeiro PINHO	95	Inf A	GDNVNF	2:25.96
3	Joao Pedro SANTOS	95	Inf A	CDE	2:26.89
4	Jose Luis GABRIEL	96	Inf B	AVFC	2:27.86
5	Joao Andre NEVES	95	Inf A	AAC	2:28.45
6	Manuel Henrique ALVES	95	Inf A	EDV	2:29.16
7	Rui Jorge DIAS	95	Inf A	CNMC	2:29.16
8	Luis de OLIVEIRA	95	Inf A	AAC	2:31.89
9	Tiago Sobral COELHO	95	Inf A	GCST	2:32.22
10	Tadeu Amora FERREIRA	95	Inf A	EDV	2:32.32
11	Luis Gabriel SANTOS	95	Inf A	GCF	2:32.50
12	Renato Almeida DOMINGUES	95	Inf A	FOCA	2:32.96
13	Tiago Manuel TEIXEIRA	96	Inf B	ADF	2:33.91
14	Antonio Miguel VITORINO	96	Inf B	VNC	2:34.91
15	Sebastiao Jose REIS	95	Inf A	LSC	2:34.98
16	Frederico Renato SOUSA	95	Inf A	GESP	2:35.07
17	Paulo Andre SILVA	95	Inf A	CNMAIA	2:36.80
18	Carlos Cunha COSTA	95	Inf A	ADF	2:37.02
19	Mauro Gaspar FERREIRA	95	Inf A	EMDB	2:37.12
20	Guilherme Pedro COELHO	95	Inf A	CNAC	2:37.64
21	Joao Pedro BARROSO	95	Inf A	GCST	2:37.86
22	Paulo Andre SILVA	96	Inf B	CFV	2:40.06
23	Guilherme Lemos LIMA	96	Inf B	EDL	2:41.58
24	Nuno Duarte BARBOSA	96	Inf B	LSC	2:42.26
25	Joao Pedro SANTOS	96	Inf B	FCP/IB	2:44.02
26	Miguel Angelo CRUZ	96	Inf B	GESP	2:44.94

Torneio Zonal de Infantis (zona norte)
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5 - 8. Março 09

8.3.09 - 16:00

Prova 24		Femin., 200m Livres			Infantis
8.3.09 - 16:00					Lista inscritos
Recorde Nacional Infantis A	2:10.81	Susana Patricia MIGUEL	SFUAP	Odivelas	4.5.03
Recorde Nacional Infantis B	2:15.12	Susana Patricia MIGUEL	SFUAP	Coimbra	2.4.02
TAC Inf A Fem Inf A: 2:31.00 / TAC Inf B Fem Inf B: 2:38.00					

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Diana Margarida DURAES	96	Inf A	FOCA	2:15.73
2	Ana Margarida RODRIGUES	96	Inf A	CGA	2:18.85
3	Beatriz Casimiro VALENTE	96	Inf A	CFP	2:22.37
4	Florabela Cavaco MACHADO	96	Inf A	ASSSCC	2:23.40
5	Maria Joao SANTOS	96	Inf A	EDV	2:23.87
6	Ana Isabel FERNANDES	96	Inf A	GDNVNF	2:23.95
7	Claudia Susana TEIXEIRA	96	Inf A	GESP	2:23.98
8	Ines Ribeiro SEQUEIRA	96	Inf A	EDV	2:24.36
9	Beatriz Magalhaes NOVAIS	96	Inf A	CNIN	2:25.06
10	Maria Julia CUNHA	96	Inf A	SCB	2:25.46
11	Ana Luisa CARVALHO	96	Inf A	CDL	2:26.38
12	Ana Carolina LEAL	96	Inf A	CNAC	2:26.51
13	Ana Catarina AZEVEDO	96	Inf A	GDNVNF	2:26.84
14	Ana Filipa GOMES	96	Inf A	CFV	2:27.14
15	Ana Filipa MARTINS	97	Inf B	FOCA	2:28.38
16	Ana Beatriz SILVA	96	Inf A	CAPGE	2:28.96
17	Flavia Sofia LIMA	96	Inf A	EDV	2:29.38
18	Ana Catarina SILVA	96	Inf A	FCP/IB	2:30.65
19	Ines Costa NETO	96	Inf A	AVFC	2:30.78
20	Sara Faria COSTA	97	Inf B	SCB	2:32.46
21	Rita Rafaela BRUNIDO	97	Inf B	GESP	2:32.92
22	Ana Sofia RAMOS	97	Inf B	ADF	2:33.50
23	Sara Laranjeira MARQUES	97	Inf B	CGA	2:34.32
24	Maria Teresa AMORIM	97	Inf B	FCP/IB	2:35.84
25	Adriana Daniela CASTRO	97	Inf B	CNMAIA	2:35.86
26	Iris Castro FERREIRA	97	Inf B	FCP/IB	2:35.88
27	Joana Sofia AMORIM	97	Inf B	CFP	2:36.30
28	Ana Catarina PEREIRA	97	Inf B	FCP/IB	2:36.91

Prova 25		Masc., 100m Livres			Infantis
8.3.09					Lista inscritos
Recorde Nacional Infantis A	55.02	David Miguel FERRO	SFUAP	Algés	15.3.98
Recorde Nacional Infantis B	57.40	Tiago Filipe PEREIRA	DNMG	Caldas da Rainha	11.7.04
TAC Inf A Masc Inf A: 1:03.00 / TAC Inf B Masc Inf B: 1:06.50					

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Tomas Correia SILVA	95	Inf A	CFP	58.52
2	Luis Manuel FERNANDES	95	Inf A	GDNVNF	58.98
3	Joao Andre NEVES	95	Inf A	AAC	59.32
4	Rafael Ribeiro PINHO	95	Inf A	GDNVNF	59.62
5	Joao Pedro BARROSO	95	Inf A	GCST	59.72
6	Joao Pedro SANTOS	95	Inf A	CDE	59.99
7	Nuno Goncalo FERREIRA	95	Inf A	CGA	1:00.71
8	Bernardo Manuel VALENTE	95	Inf A	CFP	1:00.95
9	Rui Jorge DIAS	95	Inf A	CNMC	1:01.03
10	Tiago Sobral COELHO	95	Inf A	GCST	1:01.24
11	Luis de OLIVEIRA	95	Inf A	AAC	1:01.53

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Prova 25, Masc., 100m Livres

12	Gustavo Lopes RIBEIRO	95	Inf A	AAC	1:01.56
13	Joao Paulo DURO	95	Inf A	LSC	1:02.21
14	Rui Oliveira CARDOSO	95	Inf A	SCE	1:02.35
15	Guilherme Pedro COELHO	95	Inf A	CNAC	1:02.38
16	Sebastiao Jose REIS	95	Inf A	LSC	1:02.39
17	Mauro Gaspar FERREIRA	95	Inf A	EMDB	1:02.81
18	Nuno Goncalo MARTINS	95	Inf A	GDNVNF	1:02.85
19	Jose Antonio FORTE	95	Inf A	AAC	1:03.00
20	Francisco Xavier RODRIGUES	95	Inf A	GDM	1:03.02
21	Orlando Filipe MORIM	95	Inf A	CFV	1:03.20
22	Daniel Baptista RELVAO	96	Inf B	AAC	1:03.40
23	Antonio Pedro SILVA	96	Inf B	SCB	1:03.81
24	Bruno Miguel SILVA	96	Inf B	FCP/IB	1:03.95
25	Joao Luis PEREIRA	96	Inf B	EDL	1:03.98
26	Gil Cruz FERNANDES	95	Inf A	ADCJC	1:04.05
27	Bruno Miguel SILVA	95	Inf A	CFP	1:04.83
28	Miguel Prata SANTOS	96	Inf B	VNC	1:04.85
29	Diogo Sequeira APARICIO	95	Inf A	FCP/IB	1:05.04
30	Ricardo Miguel ALVES	96	Inf B	VNC	1:05.24
31	Tiago Miguel ALVES	95	Inf A	ASSSCC	1:05.26
32	Joao Duarte MARAFONA	95	Inf A	CFV	1:05.58
33	Joao Paulo BAPTISTA	96	Inf B	SCE	1:05.89
34	Andre Filipe ROCHA	96	Inf B	LSC	1:05.91
35	Antonio Pedro OLIVEIRA	96	Inf B	ADF	1:05.96
36	Bernardo Aguiar BRANCO	95	Inf A	FCP/IB	1:06.15
37	Joao Paulo CAPITAO	96	Inf B	CDF	1:06.48
38	Pedro Miguel REIS	96	Inf B	SCE	1:06.92
39	Diogo Andre SANTOS	96	Inf B	ASSSCC	1:07.08
40	Jose Pedro ANTUNES	95	Inf A	GDNVNF	1:07.63
41	Mauro Filipe MAIA	96	Inf B	CFP	1:07.64
42	Francisco Jose OLIVEIRA	96	Inf B	ADF	1:08.32
43	Tiago Lopes REIS	96	Inf B	FCP/IB	1:08.82
44	Mario Jose BARROS	96	Inf B	EDV	1:09.27
45	Tiago Joao MEIRA	96	Inf B	VNC	1:09.67

Prova 26

Femin., 100m Bruços

Infantis

8.3.09

Lista inscritos

Recorde Nacional Infantis A	1:15.83	Ana de Pinho RODRIGUES	AEJ	Braga	1.4.07
Recorde Nacional Infantis B	1:17.79	tempo limite			

TAC Inf A Fem Inf A: 1:30.50 / TAC Inf B Fem Inf B: 1:35.00

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Maria Joao AMARAL	96	Inf A	VNC	1:20.25
2	Daniela Valente FERREIRA	96	Inf A	AEJ	1:22.48
3	Sofia Cunha SOUSA	96	Inf A	FOCA	1:22.90
4	Alexandra Vilas FABIAO	96	Inf A	SCB	1:23.68
5	Paula Alexandra OLIVEIRA	96	Inf A	FCP/IB	1:24.11
6	Sara Monteiro MEIRELES	97	Inf B	GESP	1:24.23
7	Catia Alexandra BATISTA	96	Inf A	CLAMAS	1:25.94
8	Andreia Raquel GRANJO	96	Inf A	GDNVNF	1:26.12
9	Rosa Maria OLIVEIRA	96	Inf A	CDE	1:26.72
10	Renata Castro GONCALVES	96	Inf A	SCA	1:27.13
11	Ana Cristina DIAS	96	Inf A	SCB	1:27.70
12	Maria Beatriz RASCAO	96	Inf A	CNAC	1:27.86
13	Carlota Moura CARVALHOS	96	Inf A	CNAC	1:27.96
14	Ana Sofia SOUSA	96	Inf A	GESP	1:28.23

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Prova 26, Femin., 100m Bruços

15	Neuza Casanova SANTOS	96	Inf A	CFV	1:28.47
16	Ines Marcelino COSTA	97	Inf B	FBSC	1:28.82
17	Maria Beatriz RIBEIRO	97	Inf B	CNMAIA	1:30.42
18	Jessica Rodrigues TAVARES	96	Inf A	CDCA	1:30.81
19	Maria Joao PAIXAO	96	Inf A	GCF	1:31.14
20	Madalena Raquel BARBOSA	97	Inf B	GESP	1:31.23
21	Carolina Conceicao PAIS	97	Inf B	CDF	1:31.68
22	Rita Catarina MIRANDA	97	Inf B	SCB	1:32.06
23	Diana Sofia SILVA	97	Inf B	SCB	1:32.26
24	Beatriz Carvalho RIBEIRO	97	Inf B	EMDB	1:32.75
25	Maria Ines MARTINS	97	Inf B	CNAC	1:34.09
26	Ana Rita CACHO	97	Inf B	CNAV	1:34.24
27	Sofia Isabel TAVARES	97	Inf B	FCP/IB	1:34.74
28	Silvia Cristiana CRUZ	97	Inf B	EMDB	1:34.88
29	Ana Catarina LIBERAL	97	Inf B	CNAC	1:34.95
30	Beatriz Carolina FERNANDES	97	Inf B	SSCMB	1:34.99
31	Adriana Filipa MATOS	97	Inf B	GDNVNF	1:37.91

Prova 27
8.3.09

Masc., 200m Mariposa

Infantis
Lista inscritos

Recorde Nacional Infantis A	2:12.42	Tomas Miguel FREITAS	CDN	Funchal	11.7.04
Recorde Nacional Infantis B	2:21.67	Tomas Miguel FREITAS	CDN	Funchal	28.6.03
TAC Inf A Masc Inf A: 2:43.50 / TAC Inf B Masc Inf B: 2:53.50					

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Luis Alberto NOGUEIRA	95	Inf A	GESP	2:24.44
2	Frederico Renato SOUSA	95	Inf A	GESP	2:28.80
3	Cesar Filipe MAGALHAES	95	Inf A	FOCA	2:29.50
4	Jose Luis GABRIEL	96	Inf B	AVFC	2:31.11
5	Tomas Miguel VELOSO	96	Inf B	CNAC	2:32.12
6	Tiago Manuel TEIXEIRA	96	Inf B	ADF	2:32.61
7	Paulo Andre SILVA	95	Inf A	CNMAIA	2:36.12
8	Rui Oliveira CARDOSO	95	Inf A	SCE	2:38.78
9	Antonio Miguel VITORINO	96	Inf B	VNC	2:39.38
10	Andre Machado VALE	95	Inf A	VNC	2:42.51
11	Gil Silva SANTOS	96	Inf B	GESP	2:44.73
12	Miguel Angelo CRUZ	96	Inf B	GESP	2:45.10
13	Paulo Andre SILVA	96	Inf B	CFV	2:50.27
14	Joao Pedro SANTOS	96	Inf B	FCP/IB	2:50.55
15	Pedro Manuel ROCHA	96	Inf B	GDNVNF	2:51.02
16	Andre Coelho OLIVEIRA	96	Inf B	VSC	2:52.17
17	Job Santos SILVA	96	Inf B	CDF	2:52.34

Torneio Zonal de Infantis (zona norte)
Cantanhede, 6. - 8.3.2009

Prova 28 Femin., 100m Mariposa Infantis
8.3.09 Lista inscritos

Recorde Nacional Infantis A	1:06.36	tempo limite			
Recorde Nacional Infantis B	1:10.64	Susana Patricia MIGUEL	SFUAP	Tavira	24.3.02

TAC Inf A Fem Inf A: 1:20.00 / TAC Inf B Fem Inf B: 1:25.00

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Joana Varandas BORGES	96	Inf A	CNIN	1:13.04
2	Andreia Margarida ARAUJO	96	Inf A	VNC	1:13.53
3	Joana Carina SILVA	97	Inf B	LSXXI	1:13.87
4	Ana Isabel CUNHA	96	Inf A	FOCA	1:13.97
5	Debora Guimaraes OLIVEIRA	96	Inf A	SCB	1:14.06
6	Ana Catarina SOUSA	96	Inf A	VSC	1:14.99
7	Maria Amelia GASPAR	96	Inf A	CNAC	1:15.20
8	Catia Alexandra BATISTA	96	Inf A	CLAMAS	1:17.25
9	Ana Catarina REMELGADO	96	Inf A	LSC	1:17.54
10	Daniela Figueiredo METELO	97	Inf B	CNAC	1:18.48
11	Iolanda Ribeiro PINHEIRO	97	Inf B	GESP	1:19.28
12	Carolina Antunes MADEIRA	96	Inf A	CDF	1:19.45
13	Carla Sofia CRUZ	96	Inf A	SCE	1:19.52
14	Diana Sofia ROCHA	96	Inf A	GDNVNF	1:19.94
15	Sofia Alexandra VALINHAS	97	Inf B	GDNVNF	1:21.00
16	Joana Milhazes PINTO	96	Inf A	SCB	1:21.82
17	Maria Beatriz RIBEIRO	97	Inf B	CNMAIA	1:22.77
18	Marta Alexandra NASCIMENTO	97	Inf B	EDV	1:22.86
19	Luana Raquel ALVES	97	Inf B	EDV	1:23.98
20	Juliana Lima FREIXO	97	Inf B	EDV	1:24.23
21	Ines Marcelino COSTA	97	Inf B	FBSC	1:24.58

Prova 29 Masc., 4 x 100m Estilos Infantis
8.3.09 Lista inscritos

Recorde Nacional Infantis A	4:20.39	JMaia,JFerreira,PAraujo,NSimoes	GDNVNF	Mealhada	5.4.03
Recorde Nacional Infantis B	4:40.64	DMendes,DSilva,MDiogo,LAndre	CNAL	Leiria	3.6.06

TAC Inf A Masc Inf A: 5:07.00 / TAC Inf B Masc Inf B: 5:26.00

Ord.	Nome	ANO	Cat	Clube	Tempo de Inscrição
1	Famalicão Inf A		Inf A	GDNVNF	4:27.00
2	Academica Coimbra Inf A		Inf A	AAC	4:46.62
3	Desportiva de Viana Inf A		Inf A	EDV	4:53.66
4	Foca Inf A		Inf A	FOCA	4:54.45
5	Fluvial Portuense Inf A		Inf A	CFP	4:57.84
6	Viana Natação Inf A		Inf A	VNC	5:00.58
7	Porto/Império Bonança Inf A		Inf A	FCP/IB	5:02.12
8	Fafe Inf B		Inf B	ADF	5:02.15
9	Fluvial Vilacondense Inf A		Inf A	CFV	5:02.36
10	Leixões Inf A		Inf A	LSC	5:03.56
11	Gespaços Inf B		Inf B	GESP	5:06.41
12	Viana Natação Inf B		Inf B	VNC	5:07.54
13	Desportiva Limiana Inf B		Inf B	EDL	5:08.59
14	Maia/Real Seguros Inf B		Inf B	CNMAIA	5:12.55
15	Fluvial Vilacondense Inf B		Inf B	CFV	5:12.84
16	Porto/Império Bonança Inf B		Inf B	FCP/IB	5:14.96
17	Náutico/Matobra Inf B		Inf B	CNAC	5:23.03
18	Foca Inf B		Inf B	FOCA	5:25.62

Torneio Zonal de Infantis (zona norte)
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Prova 30
8.3.09

Femin., 4 x 100m Livres

Infantis
Lista inscritos

Recorde Nacional Infantis A	4:16.39	InesA,SofiaP,VeraP,RaquelR	SLB	Sines	1.4.07
Recorde Nacional Infantis B	4:20.86	tempo limite			

TAC Inf A Fem Inf A: 4:58.00 / TAC Inf B Fem Inf B: 5:10.00

Ord.	ANO	Cat	Clube	Tempo de Inscrição
1	Desportiva de Viana Inf A	Inf A	EDV	4:33.06
2	Famalicão Inf A	Inf A	GDNVNF	4:33.81
3	Foca Inf A	Inf A	FOCA	4:38.16
4	Viana Natação Inf A	Inf A	VNC	4:41.04
5	Braga Inf A	Inf A	SCB	4:41.28
6	Náutico/Matobra Inf A	Inf A	CNAC	4:42.16
7	Porto/Império Bonança Inf A	Inf A	FCP/IB	4:45.77
8	Gespaços INF A	Inf A	GESP	4:50.70
9	Porto/Império Bonança Inf B	Inf B	FCP/IB	4:51.01
10	Braga Inf B	Inf B	SCB	4:56.12
11	Gespaços Inf B	Inf B	GESP	4:56.65
12	Fluvial Vilacondense Inf A	Inf A	CFV	4:57.34
13	Desportiva de Viana Inf B	Inf B	EDV	5:00.62
14	Náutico/Matobra Inf B	Inf B	CNAC	5:10.00